

HEALTH ADVISORY FROM THE FEDERATION OF PRIVATE MEDICAL PRACTITIONERS' ASSOCIATIONS MALAYSIA 11.9.2015



[Street View @9000Hrs in vicinity of Jalan Imbi]

The worsening haze situation in Kuala Lumpur and certain regions of Malaysia does not show any signs of improvement. It seems to be worsening from day to day. Our doctors are increasingly concerned.

In view of this, the FPMPAM would advise members of the public on the following:

1: The continuing persistence of the haze at this level is a significant adverse health threat especially to:

- Young children and elderly,
- Patients with chronic respiratory disorders. asthma and obstructive lung disease
- Patients with compromised cardiac function
- Patients with allergic skin, eye and upper respiratory disorders

2: Kindly see your doctor for review of your medications especially if your symptoms seem to be worsening despite being on regular medications

3: Stay indoors, take additional fluid in daytime and avoid excessive exercise, sweating and outdoor activities

4: Your doctor will be happy to review your condition and recommend appropriate medical leave if needed including for school children.



September 11, 2015 1900 Hrs
Kuala Lumpur