

# 3 Ways to Let Your Doctor Know, You Care.

by Federation of Private Medical Practitioners Associations, Malaysia

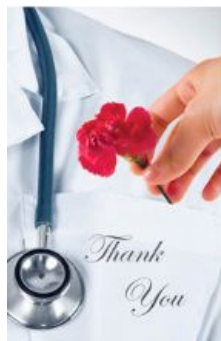
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Doctors' Day in Malaysia is on 10<sup>th</sup> October. This year's theme is "Your Doctor Cares for You".

This should be a day that we celebrate and appreciate the doctors who have supported and cared for the current and future wellbeing of you and your family. These are some of the ways you can show your Doctor that appreciation this 10<sup>th</sup> October.

## 1. Gift a Red Carnations to your Doctor

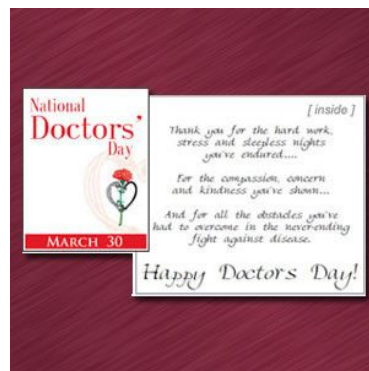
Historically, a card or red carnation may be sent to physicians and their spouses, along with a flower being placed on the graves of deceased physicians.



pic credit: pennstatehersheydiversity

## 2. Write them a Letter or a Card

Trust me, your Doctor will appreciate it and treasure it for life. Tell him or her in the letter about how they supported you in maintaining a happy and healthy life for you and your family.



Pic credit: sma.org

## 3. Join the Doctors' Day Celebrations

Check out this years' Doctors' Day celebrations on 10 October in Penang, and find out how you can participate to recognize your doctor. Visit [www.fmpam.org](http://www.fmpam.org) for more information or stay up to date on medical news affecting Malaysians at [www.facebook.com/fmpam](https://www.facebook.com/fmpam) .

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